

Knowledge is Power!

What Do You Know About Your Career Interests?

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Overview:

Each student has unique talents and aspirations for their plans after graduation. Through this lesson plan, students will explore their knowledge, skills, and interests and how that relates to career choice.

Featured Externship Business:

[Cooperative Resources International \(CRI\), Shawano](#)

Subject:

Career Preparation

Grade Level:

9-12

Learning objectives:

After doing this activity, students should be able to:

- Describe the importance of determining and recognizing personal interests when selecting a career.
- Describe the importance of determining and recognizing personal skills and abilities when selecting a career.
- Describe the importance of determining and recognizing personality style when selecting a career.
- Identify the factors to consider when selecting a career.

Workplace Readiness Skill:

- | | |
|--|--|
| <input type="checkbox"/> Social Skills | <input type="checkbox"/> Communication |
| <input type="checkbox"/> Teamwork | <input type="checkbox"/> Critical Thinking |
| <input type="checkbox"/> Attitude and Initiative | X Planning and Organization |
| <input type="checkbox"/> Professionalism | <input type="checkbox"/> Media Etiquette |

Type of Activity:

- X Individual
- Small group
- Whole class

Wisconsin Model Academic Standards for School Counseling:

Academic Development Domain:

School Counseling Content Standard B: Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

School Counseling Content Standard C: Students will understand the relationship of academics to the world of work, and to life at home and in the community.

Career Development Domain:

School Counseling Content Standard G: Students will acquire the self-knowledge necessary to make informed career decisions.

School Counseling Content Standard I: Students will employ career management strategies to achieve future career success and satisfaction.

Time: 60-90 minutes

Materials:

- Whiteboard/Markers
- Handouts of the article "*5 Factors to Consider When Choosing a Career*" found at: <http://www.cvtips.com/career-choice/5-factors-to-consider-when-choosing-a-career-1.html>
- LiveCareer Report worksheet (attached)
- Computer

Directions:

1. Start with interest approach of brainstorming list of career interests of students. Then have students calculate (roughly) how many hours a person would spend at work in a week, year, and even a lifetime! Discuss how people spend the majority of their lives working so it's important that they have a career that is interesting, rewarding, and enjoyable for them!
2. Have students read the short article, "*5 Factors to Consider When Choosing a Career*" (link above). Discuss as a class the importance of each area.
3. Have students register for a free account on LiveCareer website and take the test. Results will be recorded on the LiveCareer Report worksheet. This allows for the students to see areas of interests, skills, etc and not just what career is a match for them.

Wrap-up:

Have students discuss the importance of skills and interests in regards to career choice and satisfaction. How does this knowledge impact your decisions and outlook of the future?

Extension Activity:

This lesson could easily be followed up with one that takes those interests, knowledge, and skills a step further by looking at specific career areas that would be of interest to the student. They could then research the training/education necessary for this career and the cost associated with it.

This lesson could also be reproduced with a number of other online career exploration sites, including [Career Cruising](#).



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Name: _____ Date: _____

LiveCareer Report Worksheet

Using the website: <http://www.livecareer.com/career-test> complete your LiveCareer "test". After you answer the questions, use the information from the LiveCareer Report to answer the following questions.

1. List your top five occupational interests:

2. List the order of your "work styles" from highest to lowest percentile:

3. List all interest scores over 70% below:

4. List any interest areas where you scored below 30%:

5. Using the graph generated for your personality type, indicate your level (high, medium, or low) in each of the following categories:

- Realistic (Doers) _____
- Investigative (Thinkers) _____
- Artistic (Creators) _____
- Social (Helpers) _____
- Enterprising (Persuaders) _____
- Conventional (Organizers) _____
- T - Attentive - (Servers) _____

6. What are the important intrinsic values to you in each of the areas:

Achievement = _____

Independence = _____

Relationships = _____

7. What are the important extrinsic values to you in each of the areas:

Recognition = _____

Support = _____

Working Conditions = _____

8. Knowledge, Skills, & Abilities (KSA's) – What you are good at! Write what your KSA's would look like:

9. Using the information that you gained from this online test, write a paragraph on how this may impact your career planning and choice in your future.